

Grow a Plant

Growing a plant is not just a science activity; it's a preschool activity that teaches kids about life, that every life has a cycle of growth. Germination and life cycle are two topics that will be introduced to kids in grade 3 but this science classroom activity will familiarize preschool kids with plants and their growth pattern without delving too deep into its science.

You will need:

- A disposable plastic cup
- Mud
- Water
- Spoon
- Sprouts
- Plenty of sunlight

Directions:

- Help kids fill the plastic cup with mud. Make sure the mud is moist.
- Spread a teaspoon of sprouts over the top layer of mud.
- Keep the cup near a window where it will get plenty of sunlight.
- The preschool science activity will culminate when kids observe tiny leaves growing from the sprouts.

